

Mental Health and Mental Disorders RESOURCE LIST

This resource list contains references to Federal, State, and local government agencies as well as private organizations that offer information resources related to the mental health and mental disorders objectives of Healthy People 2000. Because many States have adopted their own year 2000 objectives, you may wish to contact your State health department for additional information.

Mental Health and Mental Disorders

LEAD AGENCIES:

Substance Abuse and Mental Health Services Administration

5600 Fishers Lane Rockville, MD 20857 (301)443-4111

National Institutes of Health

National Institute of Mental Health 5600 Fishers Lane, Room 7C-02 Rockvile, MD 20857 (301)443-4513

YEAR 2000 OBJECTIVES

- ≫Reduce the number of suicides
- Reduce the incidence of injurious suicide attempts among adolescents
- *Reduce prevalence of mental disorders among children and adolescents
- ♣Reduce prevalence of mental disorders among adults living in the community
- ▶Reduce adverse effects from stress
- Increase use of community support programs by people with severe, persistent mental disorders
- Increase use of treatment by people with major depressive disorders
- Increase number of people who seek help for personal and emotional problems
- ▶Reduce uncontrolled stress
- Increase appropriate prevention strategies for suicide by jail inmates
- Increase worksite stress prevention programs
- >> Establish mutual help clearinghouses
- Increase routine reviews of cognitive, emotional, and behavioral functioning by primary care providers for adults
- Increase routine reviews of cognitive, emotional, and behavioral functioning by primary care providers for children
- Reduce the prevalence of depressive disorders among adults

Federal and National Information Sources

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Public Health Service

Centers for Disease Control and **Prevention**

Public Inquiries

1600 Clifton Road, NE

Mailstop A23

Atlanta, GA 30333

(404)639-3534

(404)639-1537 FAX

Refers inquiries from the public and professionals to the appropriate area at CDC.

National Institute for Occupational Safety and Health

4676 Columbia Parkway Cincinnati, OH 45226–1998

(800)35-NIOSH

Provides information on secondhand smoke and other occupational safety and health problems.

Health Resources and Services Administration

Office of Communications 5600 Fishers Lane, Room 14-43 Rockville, MD 20857

(301)443-2086

Provides information on programs for the distribution, supply, use, quality, and cost-effectiveness of health resources, and on health services programs, including clinical preventive services.

Indian Health Service

Communications Office
Parklawn Building, Room 6-35
5600 Fishers Lane
Rockville, MD 20857
(301)443-3593
(301)443-0507 FAX

Provides a comprehensive health services delivery system for American Indians and Alaska Natives with many programs operated by tribal governments through contracting and compacting mechanisms. The health delivery system features many

special programs, including maternal and child health, injury prevention and community safety, nutrition and diabetes, mental health and suicide prevention, dental services, and others. Gathers and publishes information about the health status of American Indians and Alaska Natives.

National Institutes of Health National Institute of Mental Health

Public Inquiries 5600 Fishers Lane Room 7C-02 Rockville, MD 20857

(301)443-4513 (301)443-0008 FAX

Provides research-based information on mental illness and mental health. Responds to information requests from the public and professionals. Offers fact sheets and brochures, some in Spanish. A publications list is available.

Depression/Awareness, Recognition, and Treatment (D/ART) Program 5600 Fishers Lane

Room 10-85

Rockville, MD 20857

(301)443-4140

(301)443-4045 FAX

Educates the public to recognize symptoms of and seek treatment for depression.

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Healthy People 2000 is a national initiative to improve the health of all Americans through prevention. It is driven by 300 specific national objectives targeted for achievement by the year 2000. Healthy People 2000's overall goals are to: increase the span of healthy life, reduce health disparities among Americans, and achieve access to preventive services.



D/ART Program (continued)

Educates health/mental health providers in diagnosis and treatment. Encourages improved management of depression in the workplace through integrated policies and practices.

Substance Abuse and Mental Health Services Administration

5600 Fishers Lane Rockville, MD 20857 (301)443-4111 (301)443-0496 FAX

Provides information on prevention and treatment services for professionals, volunteers, patients, families, and advocacy groups.

U.S. DEPARTMENT OF JUSTICE

National Institute of Justice National Criminal Justice

Reference Service P.O. Box 6000

Rockville, MD 20850

(800)851-3420

(301)251-5500

(301)251-5212 FAX

(301)738-8895 BBS

Provides reference services on a variety of topics related to crime. Call for electronic product information.

State and Local

Look in your telephone directory for such listings as:

- · State and local chapters of national organizations
- · State and local mental health departments
- · Local agencies in health, social services, and criminal justice
- · Local libraries
- Local hospitals and community mental health centers
- Schools, senior citizen centers, and infant and child health services
- · Clearinghouses or referral centers
- · Telephone hotlines
- · Self-help groups

NATIONAL SOURCES

American Association of Suicidology 2459 South Ash

Denver, CO 80222

(303)692-0985

Promotes the study of suicide and the improvement of suicide prevention services. Sponsors suicide prevention week and certifies suicide prevention services. Publications list available.

American Institute of Stress

124 Park Avenue Yonkers, NY 10703 (914)963-1200 (914)965-6267 FAX

Provides information on stress-related matters. Subscription to newsletter, membership, and fellowship offered.

American Self-Help Clearinghouse

St. Clare's-Riverside Medical Center 25 Pocono Road Denville, NJ 07834 (201)625-7101 (201)625-9053 TDD (201)625-8848 FAX

Provides information on finding and forming self-help groups. Publishes The Self-Help Sourcebook, which lists contacts for national support groups and self-help clearinghouses.

National Alliance for the Mentally Ill

2101 Wilson Boulevard, Suite 302 Arlington, VA 22201 (703)524-7600 (703)524-9094 FAX

Provides information on mental illness and effects on families. This coalition of local support groups offers assistance in starting local patient/family support groups.

National Community Mental Healthcare Council

12300 Twinbrook Parkway Suite 320 Rockville, MD 20852 (301)984-6200

Disseminates information and promotes development of educational resources. Maintains a database on all mental health centers.

Federal Data Sources

Centers for Disease Control and Prevention National Center for Health **Statistics**

Healthy People 2000 Staff 6525 Belcrest Road, Room 770 Hvattsville, MD 20782 (301)436-3548

National Institutes of Health National Institute of Mental Health*

Office of Disease Prevention and Health Promotion

Healthy People 2000 Staff 330 C Street, SW, Room 2132 Washington, DC 20201 (202)205-8583

Substance Abuse and Mental Health Services Administration Center for Mental Health Services

Parklawn Building, Room 12-95 5600 Fishers Lane Rockville, MD 20857 (301)443-0000

*See information source listing

National Mental Health Association

1021 Prince Street Alexandria, VA 22314-2971 (703)684-7722 (800)969-6642 (703)684-5968 FAX

Develops informational materials, advocates for legislation and funding, and provides materials to State and local chapters. Provides information and statistics on mental health and illness in each State and assistance in developing new local chapters. Local chapters provide information, distribute publications, offer support groups and services, and work with local governments and agencies.



For General Information on Healthy People 2000:

Office of Disease Prevention and Health Promotion, U.S. Public Health Service, 330 C Street, SW, Room 2132, Washington, DC 20201; (202)205-8583.

For Healthy People 2000 Publications:

Please write to ODPHP National Health Information Center, P.O. Box 1133, Washington, DC 20013-1133.

Inclusion in this listing does not imply endorsement by the Public Health Service or the U.S. Department of Health and Human 1995 Services.